

Analysis of Aggression Levels in Individual and Team Athletes

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ABSTRACT This study is conducted with the purpose of comparing the aggression levels of individual and team athletes who continue their active sport life. 142 individual athletes and 181 team athletes constitute the research group. "Aggression scale" developed by Kiper (1984) is used in the collection of research data. Descriptive statistics, Mann Whitney U for dual groups, Kruskal Wallis for multiple groups and Spearman's rho tests to establish the relationship between two variables are used in the analysis of data obtained in the research. At the end of the research, it is found that while no difference is observed between the aggression levels of individual and team athletes, the destructive and passive aggression points of women and the assertiveness points of men in the research group who engage in individual and team sports is found to be high. In addition, no difference is found in individual athletes in terms of the age variable.